



### OUR MISSION

**Make ME/CFS, Long Covid and other post-infection diseases widely understood, diagnosable, and treatable.**

The Solve ME/CFS Initiative (Solve M.E.) is a non-profit organization that serves as a catalyst for critical research into diagnostics, treatments, and cures for myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS), Long Covid and other post-infection diseases.

Our work with the scientific, medical, and pharmaceutical communities, advocacy with government agencies, and alliances with patient groups around the world are laying the foundation for breakthroughs that can improve the lives of millions who suffer from various “long haul” diseases.



**“Our organization is a catalyst and convener – one that can leverage its research and advocacy capabilities to end the suffering of the millions who suffer from ME/CFS, Long Covid, and other post-infection diseases.”**

–Oved Amitay, President & CEO, Solve M.E.



### RESEARCH

Solve M.E. invests in innovative scientific studies to address knowledge gaps in ME/CFS, Long Covid and other post-infectious diseases. We fund a portfolio of research projects at some of the most prestigious medical centers and research laboratories in the United States and abroad. We partner with leading experts in the field and build new collaborations.

Our dedication to collaborative ME/CFS research is longstanding and includes initiatives such as our You + ME Registry, which gathers and provides access to patient-provided data, and our Ramsay Research Grants, which assist early-career researchers. Both You + ME and Ramsay include the study of Long Covid.

Solve M.E. invests in translational research, meaning research that transforms an idea into a study, a study into diagnostics and clinical trials, and clinical trials into approval of available treatments.

### YOU + ME REGISTRY

The You + ME Registry is an online disease registry designed to help researchers and clinicians better understand ME/CFS and Long Covid, uncover patterns in these diseases, identify treatments, and improve quality of life.



This strategic initiative creates a large longitudinal database and makes it available to researchers around the world. By incorporating Long Covid – which shares many similarities with ME/CFS – our understanding of one can illuminate the other.

### RAMSAY RESEARCH GRANTS

The Ramsay Research Grant Program provides funding for basic, clinical, and translational research studies in ME/CFS and Long Covid.



Since its launch in 2016, Solve M.E. has invested over \$1 million in Ramsay Grants, attracting new researchers to the ME/CFS and Long Covid fields and ensuring they stay engaged, while also facilitating applications for larger grants based on promising pilot data. Ramsay scientists have worked to develop promising research tools, such as a digital biomarker wearable device, diagnostic neuroimaging, and analysis methods for large datasets. Increasingly, we are focused on identifying translational research projects that bridge findings from the researcher’s bench to clinical research and care.



### ADVOCACY

Solve M.E. supports federal, state, local, private, and public initiatives that provide desperately needed funding, support, awareness, and education in the areas of ME/CFS, Long Covid, and post-infection research, diagnosis, treatment, and patient care to

- 1** make post-infection diseases medically understood, diagnosable, and treatable, and
- 2** to support efforts to raise awareness and improve understanding of ME/CFS, Long Covid, and post-infection diseases in the general public.

Solve M.E. is the proud host and organizer of the annual Advocacy Month. Founded in 2017, this nationwide advocacy effort connects people with ME/CFS, Long Covid, and other chronic illnesses; scientists; clinicians and caregivers to share their unique stories with Congress. Advocacy Month includes actions for every energy level and ability to join, from a social media post, to meeting with Congressional leaders face to face in Washington D.C. Our goals are to educate, empower, and deliver our message:

**“#StopTheLongHaul now!”**



*Emily Taylor,  
Vice President  
of Advocacy and  
Engagement.*

### ABOUT ME/CFS AND LONG COVID

**Myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS)** is a chronic, complex, neuroimmune disease that profoundly limits the health and productivity of patients, and is often triggered by an infection. There is no diagnostic test, cure, nor FDA-approved treatments or drugs for ME/CFS, and patients often suffer for life. As of 2022, ME/CFS affects an estimated 5-9 million adults and children in the U.S.

**Long Covid** describes a collection of lingering symptoms devastating the lives of many COVID-19 survivors. It is also known as Post Acute Sequelae of COVID-19 (PASC). Long Covid affects an estimated 10-30% of people infected with SARS-CoV-2, including those who were asymptomatic. Researchers anticipate that many patients will have this disease for their lifetime. As of 2022, an estimated 22 million U.S. adults are living with Long Covid – close to 7% of the population.

The most prevalent Long Covid symptoms – crippling fatigue, post-exertional malaise and cognitive dysfunction – mirror those of ME/CFS and both are post-infection diseases.



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### GET IN TOUCH

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