



SOLVE ME DONOR IMPACT REPORT

Your gift, your voice, your momentum!

A note of sincere thanks:

Thank you for pitching in.

I know that you and everyone involved in the Solve ME community have made a passionate commitment to doing everything you can to help find treatments and a cure for ME/CFS.

For nearly three decades, I have watched the effects of ME/CFS on my wife, Marcie. Once energetic and career driven, this disease has robbed her and so many other phenomenal people from their ability to live their lives the way they want to.

Your dedication and contributions to Solve ME give us the fuel we need to continue to make progress. We are the leading advocacy group for ME/CFS, but, as you know, our fight isn't over until we find a cure for this horrifying disease. We need more scientific research, more government spending and involvement, more support for the clinical care of patients—more help across the board.

It's all in the name: Solve M.E. We need to solve this complex disease, and you are helping us push forward every day with your generosity. Every gift counts, whether it's a large donation, or a meaningful, monthly gift. I see you—you are doing your part, and we put your gifts to good use in building our community, fighting for supportive legislation, and advocating for more research.

On behalf of the entire board, my wife, and everyone who suffers from ME/CFS, ***thank you for your passion and determination in this fight.*** We are so grateful for you and we will never stop working for you.

Deepest thanks,



John Nicols
Solve ME Board Chair



YOU + ME

“This is what we’ve needed for a long time now—thank you!”

It’s a dream come true for people with ME/CFS—and you made it happen!

The You + ME Registry and Biobank is now live, meaning thousands of members can contribute their real-life experiences with the disease via desktop or a mobile app to fill in the gaps in ME/CFS data and develop a unified approach to research.

“I am so pleased to have joined this app. I don’t feel so alone now or so out of control. By logging how I feel, I am able to make more sense of my condition. Thank you for all you are doing.”

Because of your generosity, Solve ME has brought the big data revolution to ME/CFS! By capturing insights from community members with ME/CFS, like daily symptoms, medical histories, activities, and even biological samples, researchers from around the world now have access to a critical pool of information from actual people.

We’ve been flooded with comments from users expressing just how much it means to have a resource like You + ME. ***We want to share them with you because without you, none of this would be possible.***



“I can’t stress the advantages of fellow sufferers to unite and share information, stories and encouragement with each other and that’s why I encourage everyone (including caregivers) to join!”

You are fueling real change in the ME/CFS community with your support—uncovering disease causes and identifying treatments bring us one step closer to a cure. Thank you!



YOUR VOICE IS POWERFUL, AND **CONGRESS IS LISTENING!**

Your passionate support of our community has enabled Solve M.E. to endorse the first-ever legislation for ME/CFS research —H.R. 7057.

U.S. Representative Jamie Raskin's bill will authorize funding from the National Institutes of Health (NIH) to address the growing health crisis due to ME/CFS.



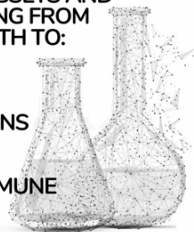
COVID-19 has given momentum to our movement. Some survivors who continue to feel chronic, debilitating symptoms—“long haulers”—are experiencing post-viral ME/CFS. The entire world is watching COVID-19, and the medical community can no longer overlook the effects of ME/CFS on long haulers and the millions of other patients who have suffered from this disease prior to the pandemic.

WHAT IS H.R. 7057?



THE UNDERSTANDING COVID-19 SUBSETS AND ME/CFS ACT WOULD SECURE FUNDING FROM THE NATIONAL INSTITUTES OF HEALTH TO:

- RESEARCH
- COLLECT DATA
- PROMOTE EDUCATION CAMPAIGNS FOR DISEASES LIKE ME/CFS
- INCREASE UNDERSTANDING OF POST-VIRAL CHRONIC NEUROIMMUNE DISEASES



People with ME/CFS have often felt overlooked or abandoned by their doctors. **Your gift to Solve M.E. helps us fight for our community, which grows bigger, stronger, and louder.** The more voices we have, the more power we have to bolster funding and research for ME/CFS. We are so grateful for you!

“As someone who’s had ME/CFS over 25 years, I’m so unbelievably moved and thankful for the support, strength and brainpower you provide. So many ill patients hang on the validation of what they are going through and the painful isolation of this misunderstood illness. Thank you, thank you!”

“Our daughter has had severe ME since she was 11 years old: for 29 long years now. As a family, we struggled to find a diagnosis and treatment, understanding or compassion from medical personnel, and endured much misunderstanding and prejudice. We are thrilled to see research on ME progress, and this registry will definitely go a long way to facilitate that. Thank you for all your efforts in helping research efforts to advance!”



Planned Gifts

A bequest, the most common way for donors to provide for the future of Solve M.E., offers several advantages.

You may be able to make a larger gift than otherwise possible, and your estate may save on estate taxes. Planned gifts are also revocable, allowing for changes as needed. You may designate a bequest for a specific purpose or leave it unrestricted. An unrestricted bequest provides general support for Solve M.E. and will allow us to use the gift where it is most needed at the time. You can also make a bequest to Solve M.E. by preparing a new will or revising an existing one. You can provide for Solve M.E. in your will by:

- Making a specific bequest of cash, securities, or other property by designating an exact dollar amount, a particular asset, or a fixed percentage of your estate.
- Making a bequest of all or portions of your residuary estate after it has provided for all other beneficiaries by specific bequests.
- Making Solve M.E. a contingent beneficiary of the estate by stipulating that Solve M.E. will receive all or a portion of the estate if named beneficiaries do not survive you.
- Making Solve M.E. the remainder beneficiary of a trust established in the will to provide income plans previously described or a marital trust that pays all income to a spouse for life.

What Your Gift Can Do!

- Your gift of \$1,000 will fund Phase 1 of a Solve ME directed research project.
- Your gift of \$500 will help sponsor (2) Meet Me scientific travel grants, which encourages participation of underrepresented groups in ME-related scientific meetings and helps to expand our research community.
- Your gift of \$250 will send (2) Solve ME representatives to advocate before Congress and other federal agencies for increased funding for ME/CFS research.
- Your gift of \$120 will underwrite the cost of to host Solve ME webinars featuring ME/CFS thought leaders.
- Your gift of \$50 will cover the costs to enroll (2) patients in our YOU + ME Registry and Biobank and supports the work of qualified researchers with biological samples.