Solve M.E. is a science-driven disease organization working to accelerate the discovery of safe and effective treatments for ME/CFS, works aggressively toward expansion of research funds, and engages the ME/CFS community in research, advocacy and patient support. Solve M.E. is the largest private source of competitive research funding for ME/CFS, steadily broadening strategic, collaborative relationships with patients, researchers, government officials and other ME/CFS organizations across the globe.

Research

Solve M.E. is working holistically to solve this whole-body problem, advancing research through programs that build fundamental capacity for ME/CFS. We invest in innovative scientific studies and foster a collaborative ME/CFS research workforce through our Ramsay Grant program. Our You + ME Registry and Biobank is building the largest a collection of patient-reported data and biological samples (e.g. blood) from people living with ME/CFS and control volunteers. This completely online clinical study will provide the research community with critical insight into the lived experience and genetics of ME/CFS and post-viral illnesses.

Advocacy

Solve M.E. leads the record-breaking "ME/CFS Advocacy Day" on Capitol Hill each year and continually urges Congress to allocate federal dollars to ME/CFS and long COVID research & education. Solve M.E. has turned the tide of federal research funding and fostered partnerships with the National Institutes of Health (NIH) and Centers for Disease Control (CDC).

Education

Solve M.E. leads conferences, symposiums, and think tanks to attract the top minds in clinical care to contend with key issues regarding ME/CFS. Solve M.E. is the trusted source for up-to-date medical information, debunking fallacies and leading medical webinars and teleconferences informed by data and evidence-based presentations.

OUR MISSION:
MAKE ME/CFS WIDELY UNDERSTOOD, DIAGNOSABLE, AND TREATABLE

ABOUT THE DISEASE

Myalgic Encephalomyelitis (ME), formerly referred to as Chronic Fatigue Syndrome (CFS), is a chronic, complex, neuro-immune disease that profoundly limits the health and productivity of millions of individuals. Because ME/CFS is an invisible illness, it can be difficult for family members, the public, and even healthcare professionals to understand the challenges and true extent of this serious disease, which includes:

- Profound exhaustion without an attributable cause, which is exacerbated by activity
- Severe headache and debilitating pain
- Diminished ability in concentration and information processing
- Extreme sensitivity to light and sound, in some cases requiring complete sensory deprivation 24/7

The causes of ME/CFS are unknown and there are no FDA-approved drugs or treatments for the disease. ME/CFS affects between 1 and 2.5 million individuals in the U.S. People with ME/CFS have the lowest quality of life scores of any disease tested.

"ME/CFS is often missed and dismissed, causing immense suffering for millions. Solve M.E. brings a deep understanding of the scientific, political and cultural complexities to our relentless efforts to find a cure for this debilitating disease."

— Oved Amitay, CEO, Solve ME/CFS Initiative

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