



IT STARTS WITH YOU.

You are the foundation for Solve M.E. Whether you or someone you love bravely fights ME/CFS, or if you are simply passionate about supporting people with ME/CFS more effectively, your involvement with Solve M.E. is crucial to our success!

Your generosity helps us build a community to propel research, advocacy, and education so we can live in a world without ME/CFS. Here, your voice is heard and you will spark real change. We couldn't do it without you.



When you make your gift today, we immediately pour it into actionable, powerful tools for change. Right now, you can join other donors in funding:



YOU + ME REGISTRY AND BIOBANK

Your gift and involvement help us harness the power of big data to unlock causes and treatments for ME/CFS! Both a registry and a biobank, You + ME captures insights from community members just like you to help fill the gaps in ME/CFS data and accelerate ME research.

Participants can record their daily symptoms, medical histories, and activities, and donate biological samples. This information is shared with researchers around the world who are eager to learn from their real-life experiences

In other words, **your gift helps You + ME use insight—from actual people with ME/CFS—to uncover disease causes and identify treatments.**



SUPPORT FOR H.R. 7057

The passionate support of our community has enabled Solve M.E. to endorse the first-ever legislation for ME/CFS research—H.R. 7057.

U.S. Representative Jamie Raskin's bill will authorize funding from the National Institutes of Health (NIH) to address the growing health crisis due to ME/CFS.

COVID-19 has given momentum to our movement. Some survivors who continue to feel chronic, debilitating symptoms—"long haulers"—are experiencing post-viral ME/CFS. The entire world is watching COVID-19 and the medical community can no longer overlook the effects of ME/CFS on long haulers and the millions of other patients who have suffered from this disease prior to the pandemic.

People with ME/CFS have often felt overlooked or abandoned by their doctors. Your gift to Solve M.E. helps us fight for our community, which grows bigger, stronger, and louder. **The more voices we have, the more power we have to bolster federal funding and research for ME/CFS.**



**The progress is undeniable. The end-game is more achievable than ever.
And it all starts with the generous gifts from donors like you.**

Give online at www.solvecfs.org/donate, or call Maryellen Gleason, Director of Development, at 704-364-0016 ext. 207.

Thank you for being a part of our community!