

Your Support Makes a Difference

Caring and determined people like you are building an ME/CFS research infrastructure across the globe by supporting Solve M.E.'s Ramsay Research Grant Program and You + M.E. Registry and Biobank.

Now more than ever, there is an urgent need to develop a workforce of researchers who can study this disease, which encompasses multiple areas of science including genetics, immunology, neurology, and metabolomics.

Consider the strength that comes from many caring people joining together.



The Solve M.E. Ramsay Research Grant Program does just that. By providing small seed grants and proactively engaging scientists, we are developing a robust workforce of ME/CFS

researchers to uncover the causes and treatments of this debilitating illness. Thanks to supporters like you, in four short years, we have funded 23 studies and a network of over 60 research collaborators, many new to the field and/or early in their careers.

We haven't stopped fighting for you during the Coronavirus (COVID-19) pandemic. Our staff may all be working from home during the quarantine, but that doesn't mean we're lessening our efforts or letting up in any way. We're determined to continue to push toward progress. **When you make an additional gift in any amount today, you'll be supporting these continued efforts.**

Our much anticipated You + M.E. Registry and Biobank will be launched this spring. Patient registries are used to better understand why and how a disease occurs and patterns of disease course, to help identify subsets, to more efficiently facilitate research and clinical trials, and to identify more effective treatments and assess treatment outcomes. The You + M.E. Registry - the first patient registry ever for ME/CFS - will provide the foundation for all of these. In collaboration with the community, we developed a user interface and symptom tracking mobile app that will produce a massive

database of health information from thousands of people with ME/CFS and controls. We've partnered with research organizations in the UK, Canada and Australia as we focus on gathering the largest dataset possible for all researchers around the world.

When you make your gift today, you're funding critical research and the You + M.E. Registry and Biobank and ensuring that more first-class researchers will focus their careers on ME/CFS.

Data is key. The data that Ramsay researchers collect through their projects may position them for much larger grants. This means that your support may make it possible for Ramsay researchers to successfully compete for National Institutes of Health funding and advance promising research. Further, the data collected through the Registry and Biobank can be used by ME/CFS researchers around the world in much more systematized ways that can ultimately spur progress.

Your gift, whether large or small, can create change so one day, we will be able to live in a world without ME/CFS. Your support is more important than ever in this time of uncertainty as we all face COVID-19. There are educated projections being made, but the truth is that no one knows for certain how COVID-19 will affect people with ME/CFS or to what degree the number of those suffering from ME/CFS may grow. While it's too early to know exactly how this will unfold, we do know that we must continue to expand available funding for critically needed research. ■

We are in this fight together!

An envelope is included for your convenience, or you can give online at <https://solvecfs.org/donate/>

Please also consider ways you can maximize your gift, by leaving Solve M.E. in your will, by checking to see if your or your spouse's employer will match your gift, or by joining our monthly giving program. Gifts to Solve M.E. are not restricted to individual programs.