

International ME/CFS Awareness Day Social Media Guide for Congress

Thank you for considering a social media action in support for the ME/CFS community on ME/CFS International Awareness Day on Friday May 12, 2017. Your many constituents with ME/CFS would be so grateful if you tweeted and posted a message recognizing them on May 12. Below are some sample social media posts:

Sample posts:

- I support #MECFS patients on their Day of Awareness. Learn more about ME/CFS at <http://bit.ly/2qKcka8>
- It was an honor to meet [patient's name] from [City, state]. I join her & all with #MECFS to raise awareness of this awful disease.
- Today is Int'l #MECFS Awareness Day. 2.5 million Americans suffer with this awful disease. Learn more at <http://bit.ly/2qKcka8>

Hashtags and tags:


- #MECFS
- #May12MECFSAwareness
- #CFS
- @PlzSolveCFS
- @MEActNet




Photos for use:

- 1) A photo with your constituents during their visit today
- 2) Key facts of MECFS: <http://bit.ly/2qKcka8>
- 3) ME/CFS Awareness day Ribbons: <http://bit.ly/2qK95zs>
- 4) Symptoms of ME/CFS: <http://bit.ly/2piGRLk>
- 5) Patients with ME/CFS: <http://bit.ly/2pPtlfS>

KEY FACTS ABOUT ME/CFS



Solve ME/CFS Initiative
solveCFS.org



MEAction.net

ME/CFS affects up to 2.5 million American children and adults of all races

- 75%** of people with ME/CFS are women.
The cause of ME/CFS remains a mystery.
The FDA has not approved any drugs for ME/CFS.
- 84-91%** of ME/CFS patients either are not yet diagnosed or are misdiagnosed.
At least **25%** of ME/CFS patients are home- or bed-bound.
People with ME/CFS have more functional impairment than those with other disabling illnesses such as multiple sclerosis and heart disease.
- There are fewer than **12** ME/CFS specialists for the entire country.
- ME/CFS costs our economy **\$17- \$24 billion** annually.
- Research funding is in the bottom **4%** of all diseases funded by NIH.

Join the movement to fight ME/CFS at <http://bit.ly/2uN44c3>

